

RESIDENTIAL PROGRAMS

For Single Men

Rescue Mission Men's Center | 619-819-1827
120 Elm St (2nd & Elm) | intake: Mon-Thurs. 9-12
Salvation Army STEPS | 619-699-2200
730 F St (F & 7th) | orientation: Mon. 8:15am
For Women & Families with Children
Rescue Mission Haven of Hope | 619-819-1832
120 Elm St (2nd & Elm) | call for intake
Salvation Army Door of Hope | 858-279-1100
2799 Health Ctr Dr | call 4th Tues. for application
Cortez Hill (YWCA) | 619-239-0355
Applications at 1012 C St, Mon-Fri. 9-5:30
For Singles & Married Couples
Salvation Army CARS | 619 699-2218
For Youth 25 and Under
Doors of Change | info@doorsofchange.org
8 West | 619-415-6616

SAFE PARKING LOTS

Dreams for Change | 619-497-0236
766 28th St (New Life Church parking lot)
8804 Balboa Ave (Jewish Services parking lot)
Check-in: 6-7:30pm

EMERGENCY SHELTER

For Women & Children

SDRM Nueva Vida Haven | 619-819-1844
120 Elm St (2nd & Elm) | intake daily at 5:30pm
God's Extended Hand | 1625 Island Ave
Rachel's House | 619-696-0873
759 8th Ave | intake: Mon-Fri. 1pm *single women*
For Domestic Violence Victims
Becky's House (YWCA) | 619-234-3164
For Youth (Under 18)
Storefront (SD Youth Services) | 619-325-3527
Call or walk-in at 2220 Broadway

COMPREHENSIVE HOMELESS SERVICES

PATH Connections Housing | 619-810-8600
1250 6th Ave (6th & A) | outreach: 619-786-2809
Alpha Project | 619-542-1877
3737 5th Ave #203 (office)
"Bridge" shelter (16th & Newton): 858-568-8648
Father Joe's Villages | 619-446-2100
1501 Imperial Ave (16th & Imperial)
Check in daily at 8am to get into shelter
For Veterans
Veteran's Village of San Diego | 619-393-2000
4141 Pacific Hwy

DAYTIME RESOURCE CENTERS

**offers mail services*

Neil Good Day Center* | 619-230-7390
299 17th St (17th & K) | daily 6am-4pm
Presbyterian Urban Ministry | 619-232-2753
2459 Market St (25th & Market) | Mon-Fri, 8:30-2:30
Uptown Comm. Service Center* | 619-693-5511
3725 30th St | Mon-Fri. 9am-3pm
For Women
Rachel's Women's Center* | 619-696-0873
759 8th Ave (8th & F) | daily 7am-3pm
For Seniors (60+)
Mary and Gary West Center | 619-235-6572
1525 4th Ave (4th & Beech) | daily 7am-4pm
For Youth (Under 18)
San Diego Youth Services | 619-325-3527
2220 Broadway (at 23rd St) | Mon-Fri. 11am-3pm
For Those with Mental Health Concerns
Friend-to-Friend Clubhouse | 619-955-8217
101 16th St (16th & Imperial) | Mon-Fri. 8am-4pm
Oasis Clubhouse | 858-300-0470
3330 Market St (Market & 33rd) | Mon-Fri. 9-5:30
Ages 16-25 receiving mental health services



For Emergencies, Call 911
For More Resources, Call 211

Access and Crisis Line: 888-724-7240
Suicide Hotline: 800-273-8255
Domestic Violence (YWCA): 619-234-3164
Domestic Violence (SD County): 888-385-4657
Human Trafficking Hotline: 888-373-7888
Homeless Outreach (SDPD): 619-446-1010
Psychiatric Emergency Response Team (PERT): 619-276-8112



sdfellowship.com

HOT MEALS

DAILY 11:30 Father Joe's (1501 Imperial Ave)
Sun. 8:00 Burrito Boyz (16th & Island)
2:00 Ladle Fellowship (320 Date St)
2:30 God's Extended Hand (1625 Island)
Mon. 7:30 Salvation Army (825 7th Ave)
8:00 God's Extended Hand (1625 Island)
4:00 God's Extended Hand
4:00 T.A.C.O. (1420 3rd Ave)
6:00 Hamburger Tim (Union & A)
Tues. 7:30 Salvation Army (825 7th Ave)
8:00 God's Extended Hand (1625 Island)
4:00 God's Extended Hand
Wed. 7:30AM Salvation Army (825 7th Ave)
Thurs. 7:30 Salvation Army (825 7th Ave)
8:00 God's Extended Hand (1625 Island)
4:00 God's Extended Hand
Fri. 8:00 God's Extended Hand (1625 Island)
9:00 T.A.C.O. (1420 3rd Ave)
4:00 God's Extended Hand
Sat. 10:40 Church Without Walls (6th & Fir)
2:30 God's Extended Hand (1625 Island)

SHOWERS

Project Reach | 4637 Oregon St
Wed. 6-8pm, Sat. 9-11am *includes laundry*
St Paul's Episcopal Cathedral | 2768 6th Ave
2nd Sat. 6:30am & 4th Mon. 9am-12pm
Wesley Comm. Services | 5380 El Cajon Blvd
3rd Wed. 10am-1pm

STORAGE

Transitional Storage Center | 619-537-8736
252 16th St | Mon-Fri 8-11, 4:30-7:30, Sat. 8-12
Storage Connect Center | 619-894-8894
20th & Commercial | Mon-Fri. 7-7, Sat-Sun. 8-11

DOCUMENT REPLACEMENT

California IDs and Birth Certificates
Presbyterian Urban Ministry | 619-232-2753
2459 Market St | 1st come 1st serve: Mon-Fri. 8:30
Free Transportation to the DMV
From the **Neil Good Day Center** | 619-230-7390
299 17th St | Tues. & Thurs. 8am

TRAVEL ASSISTANCE

Traveler's Aid | 619-233-8500 x1157
1501 Imperial Ave | Mon-Tues. 8-4, Wed-Fri. 8-1
Family Reunification Program | 1111 6th Ave
Mon-Fri. 1-4 | with family's verbal confirmation

HEALTHCARE

Family Health Centers | 619-515-2300
Walk-ins: Mon-Fri, 8am-4pm
Downtown: 1250 6th Ave (6th & A)
Banker's Hill: 120 Elm St (2nd & Elm)
North Park: 3514 30th St (+ dental)
Logan Heights: 1809 National Ave (+ dental, vision)
25th Street Family Medicine | 619-445-6200
316 25th St #101 (25th & K) | walk-ins Mon-Fri, 8-4
Father Joe's Health Center | 619-645-6405
1501 Imperial Ave | Mon-Fri. 8:30-5 (Thurs. till 8:30)

MENTAL HEALTH

Walk-In Clinics
Jane Westin Center | 619-235-2600
1045 9th Ave (9th & Broadway) | Mon-Fri. 10-4
Father Joe's Health Center | 1501 Imperial Ave
Walk-ins: Mon-Fri. 8:30 & 12:30, also Thurs. 5:30
Project Enable Clinic | 619-266-2111 x113
286 Euclid Ave #102 | Mon-Fri. 10-2
Behavioral Health & Addiction Treatment
North Park Behavioral Health | 619-515-2588
2136 El Cajon Blvd | walk-ins: Mon. 10, Thurs. 3:30

HOMELESS MINISTRIES

Ladle Fellowship (First Pres.) | 619-232-7513
320 Date St (3rd & Date) | Sun. 2pm, Wed. 5pm
Meals, Bible study, medical assistance, clothing
T.A.C.O. (First Lutheran) | 619-235-9445
1420 3rd Ave (3rd & Ash) | Mon. 4pm, Fri. 9am
Meals, clinical services
Project Reach (Grace Church) | 619-280-1495
4637 Oregon St | Wed. 6pm, Sat. 9am
Showers, laundry, job training, addiction recovery

SUNDAY CHURCH SERVICES

First Presbyterian (320 Date St) | 8:30 & 11
First Lutheran (1420 3rd Ave) | 9 & 11
St Joseph's Catholic (1535 3rd) | 7, 9, 10:30, 12
International Christian (1740 4th Ave) | 9
Resurrection Presbyterian (1740 4th Ave) | 11:30
Living Water (1550 Market St) | 5pm
East Village Community (1374 Island Ave) | 11
Harbor City (705 16th St) | 9 & 11
St Paul's Episcopal (2768 6th Ave) | 8, 10:30, 1, 5
New City (3366 Park Blvd) | 10
New Vision (4353 Park Blvd) | 10
Church Without Walls (6th & Fir) | Sat. 10:40
Foundation Church (320 Date St) | Thurs. 6pm